

Myofascial Trigger Point Therapist IMTT® Certification

Participants attending successfully the appropriate educational modules approved by the IMTT (**Society for Myofascial Trigger Point Therapy**) can apply for the exams leading to the **Myofascial Trigger Point Therapist IMTT® Certification**. This is a certification of competency regarding the manual assessment and treatment of myofascial pain and dysfunction based on the IMTT concept. This certification is recognized by the IMTT.

The table below presents the 5 prerequisite courses which should be successfully completed before a physical therapist or Medical Doctor in Greece proceed with the examinations leading to the **Myofascial Trigger Point Therapist IMTT® Certification**.

For more information about the IMTT courses in Greece and worldwide, please follow the bellow this link: <http://www.imtt.ch>

Prerequisites for enrolling to the Myofascial Trigger Point Therapist IMTT® Examinations in Greece						
Course	Name of the Course	days	Theme / Content	Instructor	Prerequisites	Dates
1	1,5 day workshop	1,5	Myofascial components of Scapula dysknesias and pain	Kostas Kypriotis	None	To be announced
2	1,5 day workshop	1,5	Myofascial components of foot dysfunction	Kostas Kypriotis	None	To be announced
3	Module 1	5	Muscles complex of the trunk, neck and shoulder	Kostas Kypriotis	None	To be announced
4	Module 2	5	Muscle complex of the extremities, head and face	Kostas Kypriotis	Module 1	To be announced
5	Clinic days	3	Clinical supervision. Clinical Reasoning development	Kostas Kypriotis, Heinz Hofer	Module 1	To be announced

- After completion of Module 1 (course No 3 in the table) participants can proceed with DN1.
- After completion of DN1 and Module 2 (courses No 3 and 4 in the table) participants can proceed with the DN2 course.
- After completion of all table components participants can proceed with the final exams for the Myofascial Trigger Point Therapist IMTT® Certification (1 day).

The full educational program of IMTT is illustrated in the figure below:

